



# Our Lady of the Roses®

Mary Help of Mothers Shrine



## Rose Notes 'A Vigilance of Prayer'



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### Our Lady of the Roses Shrine

"My Shrine shall be called,  
**'Our Lady of the Roses, Mary Help of Mothers'**.  
Come to Me all mothers who weep for their children.  
Come to me and I will solace you." Our Lady, March 24, 1973

### Rosary Vigils Requested

"We request that all of the dedicated join now with the faithful in prayer on these Sacred Grounds. The beads of prayer you will tell for three hours on the eve of all Feast Days." Our Lady, October 6, 1974

"Candles will be carried at all Vigils - to be lighted at the time of 12 - to herald the new day of the Feast -

**"Mary - Light of the World, pray for us  
Our Lady of the Roses, pray for us  
Mary Help of Mothers, pray for us"**

This directive was given to Veronica on Thursday, June 26, 1970.

### Prayer - Soul Meditation

"My children, We are always with you, but you must think your way to Us. This may be confusing at first but really quite simple, for prayer is a form of soul meditation through the thinking process. **What you hear within, is the Spirit within**" Our Lady, October 6, 1970

### Pray Daily

"You must all now keep a constant vigilance of prayer. **And when I say constant, My children, it means daily.**" Our Lady, March 18, 1978

"Of the hours you awaken to, you will say,  
**'This day I give to please my God.'**  
In this manner you will be directed in the light." St. Theresa, December 31, 1972

"You must now say when you arise:  
**'I will protect myself with the  
Shield of the Immaculate Conception.'**  
You will say before you enter your bed (which will not be a bed of security and comfort now):

**'I protect myself with the Shield of the  
Immaculate Conception.'**

For, My children, when you sleep "he does not sleep." Our Lady, July 1, 1971

"The Eternal Father calls the **soul - Heart**.  
I give you my heart, Dearest Father, do with me as You will." Veronica, February 28, 1971

**"My Jesus, I accept the cross. I dedicate, I consecrate myself to the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.**

In the name of the Father, and of the Son, and of the Holy Ghost. Amen." Veronica, February 10, 1974

"When you become ill, be it physical, mental, or sorrowfully in your heart, you will say: **'My Jesus, my Confidence!'** And I will truly succor you."

Our Lady, Sept. 7, 1985

**"Eternal Father**, through the merits of Your Son, Jesus, we invoke You to send St. Michael, to defend us against satan. Cast out all evil spirits that may seek to enter our hearts and minds. Amen. Most Holy Son of God protect us. O Mary, conceived without sin, pray for us who have recourse to thee." Veronica, June 5, 1975

**"O Sacred Heart of Jesus**, may I place my heart in your protecting Hand - I am but a weak soul - unable to cleanse myself, but for a short duration, of this stigma of sin. In Your protective and loving Hands I will surrender to the Glory of the Light that will protect this weak soul from entrance by satan and his ogres.

**The Eternal Father rests on Sunday - Loving Jesus**, how I long to call on You, but how can I do this knowing that the burden of this world's sins You have carried with You the six other days!

I long to hear **Your Voice - that Secret Voice of Love -** sent on the wind of instant transport, to be absorbed by the thirsting heart of this soul that had dried up - a shriveled, a miserable wretch from the pollution of sin - cleanse me, Dearest Father, as I wish to come to You as a spotless sacrifice, in reparation for the many offenses to You and the Blessed Trinity, with the shining Glory of Heaven - Mary, Our Mother.

**St. Michael**, our dear guardian, through the love of our Most Beloved Father, for a lowly sinner, **protect us now and through the Mission ahead**, against the attacks of satan and his wretched henchmen that are set among us, to carry out a devious plan against all Heaven, and bring tears to the Heart of Our Beloved Queen of Heaven.

**I love You, Father - I surrender my heart to the Most Wonderful Spouse, the Lord of all creation and most worthy of the Name Beloved."**

Veronica, Feb. 28, 1971



*"You will keep a constant vigilance of prayer going throughout your world and your country. The Rosary, the beads of prayer, must continue to go throughout the world."* Our Lady, Dec 6, 1975

### **St. Michael Exorcism**

Jesus: "I admonish you all, My children, as the Father in Heaven admonishes you in the Holy Spirit, to do what you can, with your heart and your love of charity, to help others and help them back onto the narrow road. So many have lost their way and are traveling the wide road that leads to hell. Lucifer is upon earth; you understand that his powers are great. That is why you must always test the spirits and say the St. Michael Exorcism when it is possible. When it is not possible, you will say:

**Saint Michael the Archangel**, defend us in battle.

Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray. And do thou, O Prince of the Heavenly Host, by the Divine power of God, cast into hell, satan, and all evil spirits who wander throughout the world seeking the ruin of souls."

June 18, 1984

### **The Exorcism as Given by Jesus:**

"If thou art a disciple of hell I am to tell you: **In God's name, begone! For there is only one true God, the Lord High God in Heaven!** And as for you: You will go back to satan and tell him these exact words that I have told you. In the name of the Father, the Son and the Holy Ghost!"

Veronica & Vigil of Oct 2, 1974

### **Fatima Prayers**

"Therefore, when you despair, say:

**'O my Jesus**, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Your mercy.'" Our Lady, 6/18/92

**"My God**, I believe, I adore, I trust, and I love Thee. I beg pardon for all those who do not believe, do not adore, do not trust, and do not love Thee."

Veronica, June 18, 1976

### **For A Departed Soul**

"Oh, Our Lady is giving a direction now. Our Lady says that She would like you, when you're here, (at the Sacred Grounds) whether you know a person or whether you don't, **She requests that you say an Act of Contrition and three Hail Mary's** for a great indulgence will be granted for the soul, the departed soul. .... Therefore, they would be given a grace necessary for their repatriation into Heaven."

Veronica, May 30, 1973

### **Prayer of Saint Martin of Tours for all Priests:**

"Son of God most high, have mercy on Thy servant, a miserable sinner, release me from the sins that have grown up in my heart, which are implanted in my polluted soul. O Savior Jesus, grant that hereafter I may behold Thy Divine glory!"

Veronica, February 28, 1971

### **Guardian Angel Prayer**

"O My children, teach your children, all the young, about the angels, the angel guardians of Heaven. You must teach them in a simple way the prayers:

**O Angel of God**, My guardian dear,  
With whom God's love commits Thee here;  
Ever this day be at my side,  
To light in guard, to rule and guide. Amen

*Nightly as you close your eyes to sleep, you will say:*

Now I lay me down to sleep,  
I pray the Lord my soul to keep;  
If I should die before I wake,  
I pray the Lord my soul to take.

*"The Act of Contrition will be repeated constantly, be ye that will fall without notice.*

**O my God**, I am heartily sorry for having offended Thee, and I confess to all my sins because I dread the loss of Heaven and the pains of Hell; But most of all because I love Thee My God, who are all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

*"My children, I repeat: you will keep a constant vigilance of prayer going throughout your country and all of the countries of the world.* May 23, 1979

*"All you have to do is say,*

**'Jesus, I love You. Save souls, save the consecrated.'**  
*That is very important."* St. Theresa, October 2, 1989

### **Veronica of the Cross**

"I seek for, O Jesus, to share the conversation with the world, for nothing is mine, for all that I have is given to me but for a short time by the Father. Therefore, **I do wish to share all with the world.**" Veronica, Oct. 2, 1973

**"Jesus**, extend to us in the light, in Your infinite knowledge, the power, through the light, to understand the task that lies ahead for all of us who wish to be saved." Our Lady to Veronica, February 11, 1971

### **Other Prayers Requested by Heaven**

The Apostles Creed, Our Father, Hail Mary, Glory Be, Acts of Faith, Hope and Charity, Litany of St. Joseph, St. Michael long exorcism and the Rosary all available from the Shrine.

Our Lady of the Roses®, Mary Help of Mothers Shrine, [the 'Lourdes of America'] is an apparition site of Our Lady and Jesus' appearances to the late Veronica Lueken from 1970 to 1995. Our Lady requested Rosary Vigils on the Eve of the Feast days and every Sunday for prayer, penance and atonement. Countless cures and conversions have been received. Write to the Shrine for free messages, Vigil schedule, directions and a blessed rose petal. Visit our website.

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